

Lynn's Mens Softball Rules

The Lynn's Mens Softball League is using ASA rules as guidelines. Here are our specific league rules:

We only have a "B" division.

This is a Men's League – No women will be allowed to play at all(sorry).

1. Courtesy Runner: Anyone who is injured prior and/or during the game may use a courtesy runner. Only ONE player may use a courtesy runner per game.(Must be last batted out).
2. Pitching: We will be strictly enforcing ASA 10 man pitching rules. You will not be allowed to open up and turn facing 3B or 1B at the beginning of your delivery. You will only be allowed to open up that minimal amount which is physically required when taking your stride and/or bring the ball up high on your backswing. Your hips and shoulders should be square to the plate at the point of release.
 - a. Rules are as follows – Pitcher must start with both feet on the rubber and ball at stopped position. Any pitcher called for three(3) illegal pitches in one game will be asked to play another position for the rest of that game. Any pitcher taken out of two(2) games will be suspended for one game. We are trying to eliminate all ASA illegal pitching. Must be square at the release. No Crow Hopping or Slingshot allowed. Please NO Major Name pitchers either.
3. NO Fake Tags – Anyone caught fake tagging will be given 1 team warning, second violation will result in an ejection(AND Player will sit one game). This is a safety rule.
4. Sliding at Bases: ****Safety Rule**** - Sliding is recommended when going into any base on a close play. If there is a close play at the plate, Runner MUST slide and/or try to avoid contact of any kind. If Runner does not avoid contact – he will be automatically called out. If the catcher is in the base path, runner may go around him to avoid contact. Any contact deemed malicious by the umpire can also lead to an ejection(and one game suspension). When in doubt, please slide.
5. Protests: All protests must be made official to the umpire immediately after the play in question. He will note it and contact the Commissioner. The protest will be decided as soon as possible. Both teams have to note it in their books at that time, in case we have to resume that game on a different day.
6. Batter/Runners: No Bunting, stealing or leading upon release, the base runner may be called out and no throw downs to any base.
7. Field Regulations: Field distance is 60 feet for bases, and 46 feet for pitching rubber. Out of bounds will be a straight line from the backstop out, and all overthrows out of bounds will be 2 bases from the time of the throw – dead ball rule awarded to the team at bat.

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8. Subs: we use ASA rules – any starter/sub may re-enter ONE time during the game(this includes the pitcher).

9. Game starts: A ten(10) minute grace period is awarded to a team, and after that 10 minutes if they do not have enough to play – a forfeit will be awarded to the opposing team(score 7-0 will be posted in the standings).

10. Extra Hitter(EH) and Designated Hitter(DH): You may bat 11 in your lineup by adding an EH(Extra Hitter) who may bat anywhere in the lineup(#1-#11). Also a DH may be used for one position player. If the DH goes into the field for their position player, then the DH slot is lost for the remainder of the game.

11. Run Rules: A game is 7 innings, unless the home team is ahead after 6.5 innings, OR the RUN rule is awarded to any team ahead by 20 runs after 4 innings, 15 runs after 5 innings or 12 runs after 6 innings.

12. Equipment:

A - ONLY ASA Approved bats are legal, and all others are not legal. Please use the link on our website for the approved bat list. If a player uses an illegal bat, they will be ejected from the game(and sit out one game also) for using it.

B – Catchers are required to wear a facemask. All other equipment is optional.

C – NO METAL SPIKES/CLEATS – THIS IS YOUR WARNING – If a player is caught wearing metal spikes during a game, they will be ejected immediately(and have to sit a game). This is for safety.

13. Playoff eligibility:

A – All players need to play in 6 games to qualify for the playoffs(4 games in the fall). Any player who plays in playoffs and is found to be ineligible to play, that team will forfeit OUT of the playoffs.

B – All captains must fill out a lineup card(we supply cards) prior to the game, and turn it in to the umpire. PLEASE WRITE Clearly and Legibly – First and Last names. ANY SUBS must be recorded on the lineup cards for your players to become eligible for the playoffs. Do NOT forget to tell the umpire(watch him write down subs on card!), No Record = No game qualification.

C – We allow injured players to get qualified by this – come to games, stay entire game – make sure the umpire notes it on card before and after the game. We will count as a game eligibility for injured player.

*Note – if the player leaves before end of game, they will NOT receive credit for that game.

14. Ground Rules: Certain fields have different ground rules. These will be on our website – please know them.

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15. Please Clean up after your games: this is NOW a RULE. You must take your trash from the field. Clean up after yourselves – we don't want to lose any permits for fields..thank you. ALSO – NO DRINKING at KNICKERBACKER Field. If Caught that team may be KICKED out of the league!

16. Wet vs Dry fields: Some fields you cannot bring any alcohol to, and some you may. The Ground Rules sheet will be updated with WET vs DRY attached to each field. Please NOTE them!

17. **SPORTSMANSHIP RULE:** Everyone, this is an ADULT LEAGUE – if you can't handle yourself as an adult, then don't play in this league. We have banned people, and suspended people for behaviors that are not acceptable. You don't agree with a call, then tell your captain(they are the only people that should be discussing any issues with the umpires). IF you are EJECTED from a game, you will SIT another game as penalty for that ejection – this INCLUDES playoff games also. Be smart, control your teams, and tell them all to be adults and enjoy the games! Thanks

GOOD LUCK TO EVERYONE!!